



# Obesity

## HOLUS-BOLUS

**31<sup>ST</sup> AUGUST 2025**  
9:00 AM – 8:00 PMThe Oberoi,  
New Delhi

### AGENDA

| Time                                                                          | Session Title                                                                          | Speaker                                | Chairperson                                                          |
|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------|----------------------------------------------------------------------|
| <b>Rapporteurs:</b><br><b>Dr Nirmal Kumar, Dr Mohd Daanish, Dr Rini Yadav</b> |                                                                                        |                                        |                                                                      |
| 9:00 AM                                                                       | FREE PAPERS                                                                            |                                        | Dr Ravinder Goswami,<br>Dr Jyotsna                                   |
| 10:00 AM                                                                      | BAROPHENOTYPIC SPECTRUM                                                                |                                        | Dr Jyotsna,<br>Dr Eram Nahid                                         |
| 10:00 - 10:20 AM                                                              | Person Centred Care                                                                    | Dr Dina Shrestha                       |                                                                      |
| 10:20 - 10:40 AM                                                              | Sarcopenia and Obesity                                                                 | Dr Nitin Kapoor                        |                                                                      |
| 10:40 - 11:00 AM                                                              | Diagnosis and Management of OSA                                                        | Dr Viny Kantroo                        |                                                                      |
| 11:00 AM                                                                      | CARDIOPULMONARY OBESITY                                                                |                                        | Dr Rajesh Khadgawat,<br>Dr Ashok Kumar                               |
| 11:00 - 11:20 AM                                                              | Secondary Hypertension                                                                 | Dr Manasvini Bhat                      |                                                                      |
| 11:20 - 11:40 AM                                                              | Lipocrinology and Obesity                                                              | Dr Vishesh Verma                       |                                                                      |
| 11:40 - 12:00 Noon                                                            | The Obese Lung                                                                         | Dr Khshitij Agarwal                    |                                                                      |
| 12 NOON                                                                       | NON-PHARMACOLOGICAL THERAPEUTICS                                                       |                                        | Dr Khan Amir Maroof,<br>Dr Shikha Nayar, Dr Shubha<br>Laxmi Margekar |
| 12:00 - 12:20 PM                                                              | Physio Friendly MNT                                                                    | Dr Saptarshi Bhattacharya              |                                                                      |
| 12:20 - 12:40 PM                                                              | Microbiome Modulation                                                                  | Dr Pariksha Rao                        |                                                                      |
| 12:40 - 1:00 PM                                                               | Bariatric Surgery Made Simple                                                          | Dr Vivek Bindal                        |                                                                      |
| 1:00 - 1:40                                                                   | SEMAGLUTIDE UPDATE                                                                     |                                        | Dr Pooja Tiwari                                                      |
| 1:00 - 1:20 PM                                                                | Transforming Obesity Care – Taking<br>Bold STEPs with Semaglutide 2.4 mg               | Dr Vaishali Deshmukh                   |                                                                      |
| 1:20 - 1:40 PM                                                                | The Riveting Semaglutide Saga –<br>Pivoting to Paradigms Beyond Weight                 | Dr Sunil Mishra                        |                                                                      |
| 1:40 - 2:40 PM                                                                | Ghrelinceous Hour POSTER PRESENTATION                                                  |                                        |                                                                      |
| 2:40 - 3:20                                                                   | INDIAN GUIDELINES                                                                      |                                        | Dr Raman Marwah                                                      |
| 2:40 - 3:00 PM                                                                | ESI Guidelines                                                                         | Dr SV Madhu                            |                                                                      |
| 3:00 - 3:20 PM                                                                | Structured Quiz                                                                        | Dr Nishant Raizada                     |                                                                      |
| 3:20 PM                                                                       | OBESODIAGNOSTICS                                                                       |                                        | Dr Ashutosh Arya,<br>Dr Deepika Harit                                |
| 3:20 - 3:40 PM                                                                | Genetic Risk Score for Obesity Predisposition<br>and their Utility                     |                                        |                                                                      |
| 3:40 - 4:00 PM                                                                | BIA Interpretation                                                                     | Dr Lakshmi Nagendra                    |                                                                      |
| 4:00 - 4:20 PM                                                                | Obesity: The Radiologist's Perspective                                                 | Dr Harsh Mahajan                       |                                                                      |
| 4:20 PM                                                                       | ADJUVANT THERAPY                                                                       |                                        | Dr Rahul Sharma,<br>Dr Sanjay Kalra                                  |
| 4:20 - 4:40 PM                                                                | Selective Anabolic Receptor<br>Modulation [SARMs]                                      | Dr Sweety Agarwal                      |                                                                      |
| 4:40 - 5:00 PM                                                                | Testosterone in Obesity Therapeutics                                                   | Dr Atul Dhingra                        |                                                                      |
| 5:00 - 5:20 PM                                                                | Obesity MOANS: A Nutraceutical Approach                                                | Dr Himanshu Sharma                     |                                                                      |
| 5:20 PM                                                                       | HEPATOBARIATRICS                                                                       |                                        | Dr Randeep Rana                                                      |
| 5:20 - 5:40 PM                                                                | Resmetirom                                                                             | Dr Pawan Rawal                         |                                                                      |
| 5:40 - 6 PM                                                                   | Dual Pathways, One Armamentarium:<br>Pioglitazone + Dapagliflozin in T2DM<br>and MASLD | Dr Saket Kant                          |                                                                      |
| 6:00 PM                                                                       | TIRZEPATIDE UPDATE                                                                     |                                        |                                                                      |
| 7:00 PM                                                                       | PERSON CENTRED DIABESITY                                                               |                                        | Dr Hitesh Punyani                                                    |
| 7:00 - 7:20 PM                                                                | Barolinguistic Programming                                                             | Dr Rahul Chauda and<br>Dr Sanjay Kalra |                                                                      |
| 7:20 - 7:40 PM                                                                | The Effect of Acarbose on Body Weight<br>in T2DM Management                            | Dr Parag Shah                          |                                                                      |
| 7:40 - 8:00 PM                                                                | HUNGER Games*                                                                          | Dr Anupam Biswas                       |                                                                      |
| 8:00 PM                                                                       | BARIATRIC BEVERGES, BARIATRIC BITES                                                    |                                        |                                                                      |

\*Hunger Understanding, Gradation, Evaluation and Resolution

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