

Historic Moment

IMA releases guidelines on complete diarrhea management



April 2024

Racecadotril – recommended as the
IDEAL ANTI-DIARRHEAL
in IMA's guidelines on acute diarrhea management.

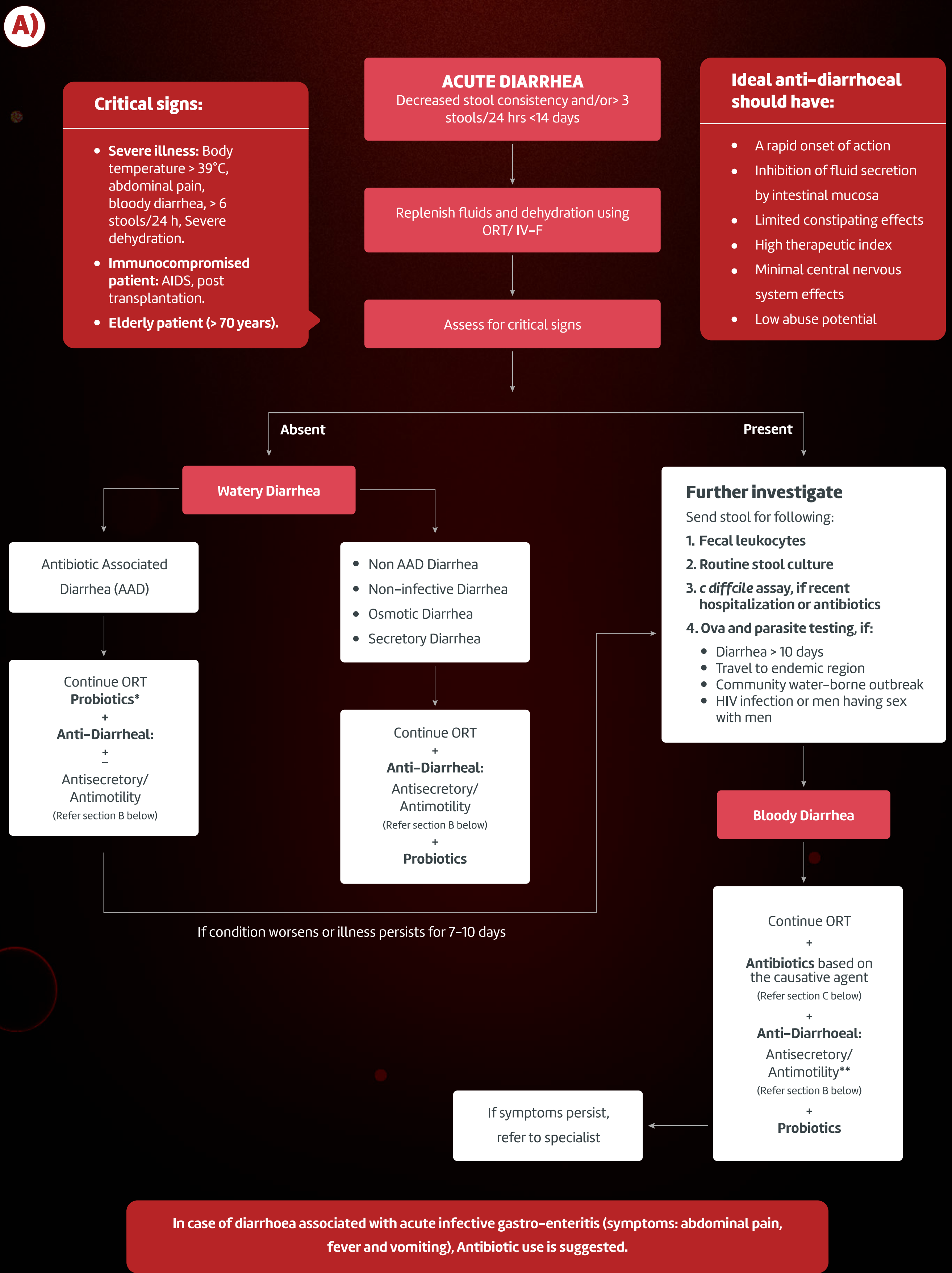


Indian Medical Association Guidelines

The ideal treatment for acute diarrhoea should have following characteristics¹:

- Inhibits fluid secretion by intestinal mucosa
- Have a rapid onset of action
- Have limited constipating effects
- Have a high therapeutic index
- Have minimal central nervous system effects
- Have low abuse potential

- A)** Algorithm-based management of the adult patient with acute diarrhoea.
B) Ideal properties comparison of commonly used anti-diarrhoeal medications.



Racecadotril The Ideal Anti–Diarrheal

B)

Anti–Diarrhoeal	Rapid onset of action	Inhibition of fluid secretion	Limited constipating effects	High therapeutic index	Minimal CNS effects	Low abuse potential
Loperamide	✓	✗	✗	✓	✗	✗
Diphenoxylate/ atropine	✓	✗	✗	✓	✗	✗
Bismuth subsalicylate	✗	✓	✗	✗	✓	✓
Octreotide	✓	✓	✗	✗	✓	✓
Racecadotril	✓	✓	✓	✓	✓	✓

*Yeast based probiotics are preferred.



**Antimotility agents like Loperamide should be avoided in suspected or confirmed cases where infective diarrhea or bloody diarrhea, accompanied by a fever (>100°F), could lead to toxic megacolon.

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