



Obesitas CONFERENCE 2025

THE FUTURE OF OBESITY CARE

ORGANIZING TEAM

Prof Nishant
Raizada

Dr Saptarshi
Bhattacharya

Prof Nitin
Kapoor

Dr Sanjay
Kalra



02 MARCH
2025
9:45 AM – 7:45 PM



Taj Vivanta
Dwarka
New Delhi

<https://obesitas2025.medtalks.in/>

IJCP
GROUP

Asian Journal of
 **obesity**

In association with
**Dwarka Physician Forum
(DPF)**

AGENDA

Time	Session Title	Speaker	Chairperson
2nd March 2025 – Sunday			
9:45 AM - 10:00 AM	Saraswati Vandana, National Anthem		
10:00 AM - 11:00 AM	Oral Abstracts	Dr Ravinder Goswami, Dr Viveka P Jyotsna, Dr Sambit Das, Dr Dina Shrestha	
11:00 AM - 11:15 AM	Basics of Behavioral Therapy	Dr Dina Shrestha & Dr Nitin Kapoor	
11:15 AM - 11:30 AM	The Obese Heart	Dr Bhupinder Singh	
Nonpharmacological Therapy			Dr Prayas Sethi Dr Inder Kasturia Dr Amarpreet Riar Dr Pritam Pankaj
11:30 AM - 11:45 AM	Why Me? Dialogue with a Person with Obesity	Dr Shehla Shaikh	
11:45 AM - 12:00 PM	Nutristylish Conversations	Dr Ritika Samaddar & Dr Saptarshi Bhattacharya	
12:00 PM - 12:15 PM	My Home, My Gym	Dr Atul Dhingra	
12:15 PM - 12:30 PM	Role Play with Volunteers	Dr Jaideep Khare & Dr Ronak Gandhi	
12:30 PM - 01:00 PM	Professor's Perspective/Q&A	Dr Rajesh Khadgawat	
01:00 PM - 01:15 PM	Management of Obesity in PCOS	Dr Rama Walia	
01:15 PM - 02:15 PM	Drug Symposium (Novo Nordisk)		
01:15 PM - 01:35 PM	STEPping Up Obesity Care with Semaglutide 2.4 mg	Dr Aneesh Ghosh	
01:35 PM - 01:55 PM	SELECTing Outcomes Beyond Weight Loss with Semaglutide 2.4 mg	Dr Anil Dhall	
01:55 PM - 02:15 PM	ESSENCE: Addressing Impact of MASH* in People Living with Overweight or Obesity	Dr Vimal MV	
*MASH: Metabolic dysfunction-associated steatohepatitis			
02:15 PM - 03:00 PM	Lunch + Poster Presentation		
03:00 PM - 04:00 PM	Drug Symposium (Eli Lilly)		
Moderator: Dr Dheeraj Kapoor			
03:00 PM - 03:15 PM	Adiposopathy and the Medusa Paradox	Dr Beena Bansal	
03:15 PM - 03:35 PM	SURPASS: Paving the Way to Target HbA1c & Weight	Dr Sunil Kumar Mishra	
03:35 PM - 03:55 PM	SURMOUNTing Obesity with Tirzepatide – SURMOUNT 1 & 4	Dr Pankaj Aggarwal	
03:55 PM - 04:00 PM	Interactive Panel Discussion	Moderator: Dr Dheeraj Kapoor Panelists: Dr Beena Bansal, Dr Sunil Kumar Mishra, Dr Pankaj Aggarwal	
Pharmacological Therapy			Dr Rakesh Pandit Dr Avtar Hansa Dr Navneet Gill Dr Pankaj Nand Choudhry
4:00 PM - 4:15 PM	Liraglutide: Current Position in Global and Indian Context	Dr Setu Gupta	
4:15 PM - 4:30 PM	Orlistat: Is There Still a Role?	Dr Parjeet Kaur	
4:30 PM - 4:45 PM	Person-Centered Choice of Anti-Obesity Medication and Surgery	Dr Sanjay Kalra & Dr Nishant Raizada	
4:45 PM - 5:15 PM	Professor's Perspective/Q&A	Dr SV Madhu	
Multisystemic Facets			Dr Amandeep Singh Dr Ashok Kumar Dr Ajay Yadav Dr Paras Gangwal
5:15 PM - 5:30 PM	Anabolic Therapy for Sarcopenia	Dr Sambit Das	
5:30 PM - 5:45 PM	Obesity as a Multisystemic Disease	Dr Rajiv Singla	
5:45 PM - 6:00 PM	Pharmacological Management of MAFLD	Dr Saurabh Arora	
6:00 PM - 6:15 PM	Obesity Management in Person with CKD-3/4	Dr Sourabh Sharma	
6:15 PM - 6:30 PM	Professor's Perspective: Pediatric and Adolescent Obesity	Dr Rajni Sharma	
6:30 PM - 7:00 PM	Professor's Perspective/Q&A	Dr Nikhil Tandon	
7:00 PM - 7:30 PM	Quiz	Dr Anshita Aggarwal	
7:30 PM - 7:45 PM	Valedictory Session		
7:45 PM Onwards – Dinner			