



Obesity CONFERENCE 2025



ORGANIZING TEAM



Prof Nishant
Raizada



Dr Saptarshi
Bhattacharya



Prof Nitin
Kapoor



Dr Sanjay
Kalra

THE FUTURE OF OBESITY CARE



02 MARCH
2025
9:45 AM – 7:30 PM



Taj Vivanta
Dwarka
New Delhi

Virtual Learning Experience – 1st March 2025



Obesity CONFERENCE 2025



AGENDA

Day 2 – Taj Vivanta, Dwarka, New Delhi

Time	Session Title	Speaker	Chairperson
2nd March 2025 – Sunday			
9:45 AM - 10:00 AM	Saraswati Vandana, National Anthem		
10:00 AM - 11:00 AM	Oral Abstracts	Dr Ravinder Goswami, Dr Viveka P Jyotsna, Dr Sambit Das, Dr Dina Shreshtha	
11:00 AM - 11:15 AM	The Obese Heart	Dr Bhupinder Singh	
Nonpharmacological Therapy			Dr Inder Kasturia Dr Amarpreet Riar Dr Navneet Gill
11:15 AM - 11:30 AM	Why Me? Dialogue with a Person with Obesity	Dr Shehla Shaikh	
11:30 AM - 11:45 AM	Nutristylish Conversations	Dr Ritika Samaddar & Dr Saptarshi Bhattacharya	
11:45 AM - 12:00 PM	My Home, My Gym	Dr Atul Dhingra	
12:00 PM - 12:15 PM	Basics of Behavioral Therapy	Dr Dina Shrestha & Dr Nitin Kapoor	
12:15 PM - 12:30 PM	Role Play with Volunteers	Dr Jaideep Khare & Dr Ronak Gandhi	
12:30 PM - 01:00 PM	Professor's Perspective/Q&A	Dr Rajesh Khadgawat	
01:00 PM - 01:15 PM	Management of Obesity in PCOS	Dr Rama Walia	
01:15 PM - 02:15 PM	Drug Symposium (Novo Nordisk)		
02:15 PM - 03:00 PM	Lunch		
03:00 PM - 04:00 PM	Drug Symposium (Eli Lilly)		
Moderator: Dr Dheeraj Kapoor			
03:00 PM - 03:15 PM	Adiposopathy and the Medusa Paradox	Dr Beena Bansal	
03:15 PM - 03:35 PM	SURPASS: Paving the Way to Target HbA1c & Weight	Dr Sunil Kumar Mishra	
03:35 PM - 03:55 PM	SURMOUNT-ing Obesity with Tirzepatide – SURMOUNT 1 & 4	Dr Pankaj Aggarwal	
03:55 PM - 04:00 PM	Interactive Panel Discussion	Moderator: Dr Dheeraj Kapoor Panelists: Dr Beena Bansal, Dr Sunil Kumar Mishra, Dr Pankaj Aggarwal	
Pharmacological Therapy			Dr Rakesh Pandit Dr Bipin Dubey Dr Ashok Kumar
4:00 PM - 4:15 PM	Liraglutide: Current Position in Global and Indian Context	Dr Sachin Mittal	
4:15 PM - 4:30 PM	Orlistat: Is There Still a Role?	Dr Parjeet Kaur	
4:30 PM - 4:45 PM	Person-Centred Choice of Anti-Obesity Medication and Surgery	Dr Sanjay Kalra & Dr Nishant Raizada	
4:45 PM - 5:15 PM	Professor's Perspective/Q&A	Dr SV Madhu	
Multisystemic Facets			Dr Ajay Yadav Dr Avtar Hansa Dr Prayas Sethi
5:15 PM - 5:30 PM	Anabolic Therapy for Sarcopenia	Dr Sambit Das	
5:30 PM - 5:45 PM	Obesity as a Multisystemic Disease	Dr Rajiv Singla	
5:45 PM - 6:00 PM	Pharmacological Management of MAFLD	Dr Saurabh Arora	
6:00 PM - 6:15 PM	Obesity Management in Person with CKD-3/4	Dr Sourabh Sharma	
6:15 PM - 6:30 PM	Professor's Perspective/Q&A	Dr Nikhil Tandon	
6:30 PM - 7:00 PM	Quiz	Dr Anshita Aggarwal	
7:00 PM - 7:30 PM	Valedictory Session		