



Obesity

HOLUS-BOLUS

ORGANIZING TEAM



Prof Nishant
Raizada



Dr Dina
Shrestha



Prof Nitin
Kapoor



Dr Sanjay
Kalra



**31ST AUGUST
2025**
9:00 AM-8:00 PM



The Oberoi,
New Delhi

Visit and scan the QR code for registration

<https://obesity2025.medtalks.in/midterm>



AGENDA

Time	Session Title	Speaker	Chairperson
Rapporteurs: Dr Nirmal Kumar, Dr Mohd Daanish, Dr Rini Yadav			
9:00 AM - 10:00 AM	FREE PAPERS		Dr Ravinder Goswami, Dr Jyotsna
10:00 AM - 11:00AM	BAROPHENOTYPIC SPECTRUM		Dr Jyotsna, Dr Eram Nahid
10:00 AM - 10:20 AM	Person Centred Care	Dr Dina Shrestha	
10:20 AM - 10:40 AM	Sarcopenia and Obesity	Dr Nitin Kapoor	
10:40 AM - 11:00 AM	Diagnosis and Management of OSA	Dr Viny Kantroo	
11:00 AM - 12:00 NOON	CARDIOPULMONARY OBESITY		Dr Rajesh Khadgawat, Dr Ashok Kumar
11:00 AM - 11:20 AM	Secondary Hypertension	Dr Manasvini Bhat	
11:20 AM - 11:40 AM	Lipocrinology and Obesity	Dr Vishesh Verma	
11:40 AM - 12:00 Noon	The Obese Lung	Dr Kshitij Agarwal	
12 NOON - 01:00 PM	NON-PHARMACOLOGICAL THERAPEUTICS		Dr Khan Amir Maroof, Dr Shikha Nayar, Dr Shubha Laxmi Margekar
12:00 NOON - 12:20 PM	Physio Friendly MNT	Dr Saptarshi Bhattacharya	
12:20 NOON - 12:40 PM	Microbiome Modulation	Dr Pariksha Rao	
12:40 NOON - 01:00 PM	Bariatric Surgery Made Simple	Dr Vivek Bindal	
1:00 PM - 1:40 PM	SEMAGLUTIDE UPDATE		Dr Pooja Tiwari
1:00 PM - 1:20 PM	Transforming Obesity Care – Taking Bold STEPs with Semaglutide 2.4 mg	Dr Vaishali Deshmukh	
1:20 PM - 1:40 PM	The Riveting Semaglutide Saga – Pivoting to Paradigms Beyond Weight	Dr Sunil Mishra	
1:40 PM - 2:40 PM	GHRELINCEOUS HOUR POSTER PRESENTATION		
2:40 PM - 3:20 PM	INDIAN GUIDELINES		Dr Raman Marwah
2:40 PM - 3:00 PM	ESI Guidelines	Dr SV Madhu	
3:00 PM - 3:20 PM	Structured Quiz	Dr Nishant Raizada	
3:20 PM - 4:20 PM	OBESODIAGNOSTICS		Dr Ashutosh Arya, Dr Deepika Harit
3:20 - 3:40 PM	Genetic Risk Score for Obesity Predisposition and their Utility		
3:40 - 4:00 PM	BIA Interpretation	Dr Lakshmi Nagendra	
4:00 - 4:20 PM	Obesity: The Radiologist's Perspective	Dr Harsh Mahajan	
4:20 PM - 5:20 PM	ADJUVANT THERAPY		Dr Rahul Sharma, Dr Sanjay Kalra
4:20 PM - 4:40 PM	Selective Anabolic Receptor Modulation [SARMs]	Dr Sweety Agarwal	
4:40 PM - 5:00 PM	Testosterone in Obesity Therapeutics	Dr Atul Dhingra	
5:00 PM - 5:20 PM	Obesity MOANS: A Nutraceutical Approach	Dr Himanshu Sharma	
5:20 PM - 6:00 PM	HEPATOBIATRICS		Dr Randeep Rana
5:20 PM - 5:40 PM	Resmetirom	Dr Pawan Rawal	
5:40 PM - 6:00 PM	Dual Pathways, One Armamentarium: Pioglitazone + Dapagliflozin in T2DM and MASLD	Dr Saket Kant	
6:00 PM - 7:00 PM	SYMPOSIUM: MOUNJARO: A NEW ERA IN OBESITY MANAGEMENT		Dr Arun Kumar Pandey (Moderator)
6:00 PM - 6:15 PM	Why Obesity is a Chronic Disease?	Dr Sachin Mittal	
6:15 PM - 6:30 PM	SURMOUNTing Obesity with Tirzepatide	Dr Sandeep Kharb	
6:30 PM - 6:45 PM	Tirzepatide vs Semaglutide: Evidence from Head-to-Head Trials	Dr Priyamvada Tyagi	
6:45 PM - 7:00 PM	Panel Discussion and Q&A	Moderator & All	
7:00 PM - 08:00 PM	PERSON CENTRED DIABESITY		Dr Hitesh Punyani
7:00 PM - 7:20 PM	Barolinguistic Programming	Dr Rahul Chauda and Dr Sanjay Kalra	
7:20 PM - 7:40 PM	The Effect of Acarbose on Body Weight in T2DM Management	Dr Parag Shah	
7:40 PM - 8:00 PM	HUNGER Games*	Dr Anupam Biswas	
8:00 PM	BARIATRIC BEVERAGES, BARIATRIC BITES		