



**1 DECEMBER
2024**

06:00 PM - 11:00 PM

**Credit Points by
Uttarakhand Medical Council**

Welcome to the "Best of ObesityWeek® 2024" - India!

The ObesityWeek® international conference by The Obesity Society was held from November 2-6 in San Antonio, Texas, this year. We are excited to bring the Best of **ObesityWeek® to India for the very first time on December 1st, 2024!** This conference will feature world-renowned faculties who will share cutting-edge insights into the latest scientific advancements and innovative clinical approaches in obesity management and metabolic health.

Obesity is a complex global health challenge affecting all age groups, with rising prevalence linked to serious comorbidities like diabetes, cardiovascular disease, and certain cancers. Addressing this epidemic requires tackling root causes and adopting evidence-based management strategies. As healthcare providers, combating obesity demands not just clinical expertise but also ongoing education, collaboration, and awareness of the latest advancements in treatment, including lifestyle interventions, pharmacological therapies, and surgery. A unified, informed approach is vital to mitigating its widespread impact.

Designed specifically for healthcare professionals, this landmark event provides cutting-edge knowledge, innovative treatment strategies, and practical insights to elevate obesity care in India. It serves as a platform to bridge knowledge gaps, share the latest scientific advancements, and foster interdisciplinary collaboration. This well-curated comprehensive program emphasizes evidence-based practices and regionally adapted solutions, empowering you with tools for effective intervention in diverse clinical settings.

Don't miss the chance to engage directly with global experts, exchange insights with peers, and refine your approach to obesity management.

By fostering a deeper understanding of the complexities of obesity, we can collectively pave the way for better prevention and management strategies in our communities.

Please Click here to Register
<https://bow2024.medtalks.net/>

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AGENDA

Time	Topic	Faculty				
6:00 pm - 6:15 pm	Introduction & Context Setting	DELHI Chairperson Dr AH Zargar Consultant Endocrinologist, Centre for Diabetes and Endocrine Care, National Highway Gulshan Nagar, Srinagar, India	MUMBAI Chairperson Dr Ramen Goel Director, Center of Excellence in Bariatric & Metabolic Surgery, Mumbai, Maharashtra; Consultant Diabetes & Bariatric Surgeon, Wockhardt Hospitals, Mumbai, Maharashtra	HYDERABAD Chairperson Dr Prasun Deb HOD & Sr. Consultant Endocrinologist, KIMS Hospitals, Hyderabad, India	BENGALURU Chairperson Dr Arpandev Bhattacharyya Consultant, Dept. of Diabetes & Endocrinology, MHB Professor of Endocrinology, JJMMC, Bengaluru, India	VIRTUAL Chairperson Dr AK Das Dean Academic, Mahatma Gandhi Medical College and Research Institute, SBV, Puducherry, India
6:15 pm - 6:45 pm	Achieving the Quintuple Aims of Care in Obesity Treatment	International Faculty Prof Lee M. Kaplan Professor of Medicine and Chief of the Section of Obesity Medicine, Geisel School of Medicine, Dartmouth; Director, Dartmouth Weight and Wellness Center, and Director of the Boston Course in Obesity Medicine, Drive Lebanon, New Hampshire				
6:45 pm - 7:15 pm	The Long-Term Use of Anti-Obesity Medications	Prof Lee M. Kaplan				
7:15 pm - 7:30 pm	Ask the Expert: Audience Q & A	Prof Lee M. Kaplan				
7:30 pm - 9:00 pm	Novo Nordisk Sponsored Session SELECT: Old Lessons and New Learnings - Overview of main results and implications for obesity management - SELECT safety outcomes (include high-level data on hospitalizations)	DELHI Speaker Dr Sanjay Kalra Chairperson, Education Working Group, International Society of Endocrinology (ISE); Consultant Endocrinologist, Bharti Hospital, Karnal, India	MUMBAI Speaker Dr Manoj Chawla Director and Consultant Diabetologist, Dept. of Diabetology, Lina Diabetes Care & Mumbai Diabetes Research Centre, Mumbai; Consultant Diabetologist, SL Raheja Hospital, Mumbai, India	HYDERABAD Speaker Dr Madhavi Verpula Senior Consultant Endocrinologist, Apollo Hospital, Hyderabad, India	BENGALURU Speaker Dr Pramila Kalra Professor and Head of Endocrinology, Ramalah Medical College and Hospital, Bengaluru, India	VIRTUAL Speaker Prof (Dr) Sujoy Ghosh Dept. of Endocrinology, IPGIMER SSKM, Kolkata, India
	- Heart failure, CV outcomes by bodyweight, and mortality in SELECT - Weight, glycemic and renal subanalysis	Speaker Dr Nitin Kapoor Consultant Endocrinologist & Bariatric Physician, Professor & Acting Head, Unit-I, Dept. of Endocrinology, Diabetes and Metabolism, Christian Medical College, Vellore, India	Speaker Dr Piya Ballani Thakkar Consulting Physician and Endocrinologist, Metabolism and Diabetes, Bombay Hospital and Medical Research Centre, Mumbai, India	Speaker Dr N Md Athaullah Senior Consultant Physician, Mythri Hospital, Hyderabad, India	Speaker Prof (Dr) L Sreenivasamurthy Managing Director and Senior Consulting Physician and Diabetologist, Life Care Hospital and Research Centre (LCHRC), Bengaluru, India	Speaker Dr Vaishali Deshmukh Consultant and Head, Dept. of Endocrinology, DMH Hospital and Research Centre, Pune, India
9:00 pm - 10:45 pm	Clinical Case Workshop	Dr AH Zargar	Dr Ramen Goel	Dr Prasun Deb	Dr Arpandev Bhattacharyya	Dr AK Das
10:45 pm - 11:00 pm	Summary and Conclusion	Dr AH Zargar	Dr Ramen Goel	Dr Prasun Deb	Dr Arpandev Bhattacharyya	Dr AK Das

DELHI

Hotel Pride Plaza, Imperial 1& 2, Indira Gandhi International Airport, Aerocity, New Delhi, 110037

MUMBAI

Jio World Convention Centre, Meeting Suite 104A and 104B-first Floor (L1), Jio World Centre, Bandra East, Mumbai, Maharashtra, 400098

HYDERABAD

Taj Krishna, The Emerald, Rd Number 1, Mada Manzil, Banjara Hills, Hyderabad, Telangana, 500034

BENGALURU

Renaissance Bengaluru Race Course Hotel, The Turf, Madhava Nagar, Extension, Bengaluru, Karnataka, 560001

Venue Details

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INTERNATIONAL FACULTY

Dr Lee M. Kaplan

Dr Lee M. Kaplan, MD, PhD, FTOS is Professor of Medicine and Chief of the Section of Obesity Medicine at the Geisel School of Medicine at Dartmouth, Director of the Dartmouth Weight and Wellness Center, and Director of the Boston Course in Obesity Medicine. He was previously the founding director of the MGH Weight Center and director of the Obesity, Metabolism and Nutrition Institute at Massachusetts General Hospital (MGH) and Harvard Medical School (HMS).

Dr Kaplan has served in numerous advisory and leadership roles, including as the chair of the US Obesity Medicine Fellowship Council, recent member of the NIDDK Advisory Council of the US National Institutes of Health, and the 2019-2020 president of The Obesity Society.

He received his Bachelor of Arts degree in Chemistry from Harvard University and his PhD degree in molecular biology and MD degree from the Albert Einstein College of Medicine, all with distinction. He completed residency training in internal medicine and fellowship training in gastroenterology and liver diseases at MGH and a post-doctoral fellowship in genetics at Brigham and Women's Hospital.

Dr. Kaplan's research has focused on the role of the gastrointestinal tract in the regulation of appetite, energy balance and metabolic function, the mechanisms of action of bariatric and metabolic surgery, and the genetic determinants and predictors of response to obesity treatments. He is the author of more than 250 peer-reviewed scientific and medical publications.

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DELHI

Chairperson



Dr AH Zargar

Speakers



Dr Sanjay Kalra



Dr Nitin Kapoor

MUMBAI

Chairperson



Dr Ramen Goel

Speakers



Dr Manoj Chawla



Dr Piya Ballani
Thakkar

HYDERABAD

Chairperson



Dr Prasun Deb

Speakers



Dr Madhavi Verpula



Dr N Md
Athaullah

BENGALURU

Chairperson



Dr Arpandev
Bhattacharyya

Speakers



Dr Pramila Kalra



Prof (Dr) L
Sreenivasamurthy

VIRTUAL

Chairperson



Dr AK Das

Speakers



Prof (Dr) Sujoy
Ghosh



Dr Vaishali
Deshmukh

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